Appendix 2 Study and population characteristics [posted as supplied by authors]

| Outcome category | Study design | Outcome measure(s) | Follow-up(s) | Population | Percentage male | Mean (SD) age |
|--|--|---|--------------|-------------|--------------------|----------------------------------|
| Anxiety | | | | | | |
| Becona 2002 | Secondary analysis of cessation intervention | State Trait Anxiety Inventory (state anxiety subscale) | 12 months | General | 53% | 37.3 |
| Dawkins 2009 | Randomized experimental trial | Hospital Anxiety and Depression Scale (anxiety subscale) | 3M | General | 47% | 68-9 |
| McDermott 2013 (in submission during search) | Secondary analysis of cessation intervention | State Trait Anxiety Inventory-6 | 6M | General | 45% | Abstainers 51.5, Smokers 47.7 |
| Solomon 2006 | Cohort | Brief Symptom Inventory (anxiety subscale) | 7W | Pregnant | 0% | 24.3 |
| Depression | | | | | | |
| Berlin 2010 | Secondary analysis of cessation intervention | The Hamilton Rating Scale for Depression | 11 W | Psychiatric | 37% | 44.5 |
| Blalock 2008 | Secondary analysis of cessation intervention | Beck Depression Inventory | 3M | Psychiatric | 19% | 48 |
| Busch 2011 | Secondary analysis of cessation intervention | Center for Epidemiologic Studies Depression Scale | 6M, 12M | General | 10% | 32.9 |
| Dawkins 2009 | Randomized experimental trial | Hospital Anxiety and Depression Scale (depression subscale) | 3M | General | 47% | 68-9 |
| Kahler 2002 | Secondary analysis of cessation intervention | Beck Depression Inventory | 6M, 12M | General | 41% | 45.1 |
| Kahler 2011 | Secondary analysis of cessation intervention | Center for Epidemiologic Studies Depression Scale | 26M | Psychiatric | 55% | 41.5 |
| Kinnunen 2006 | Cohort | Minnesota Multiphasic Personality Inventory 2 (depression subscale) | 5Y | General | 100% | 42 |
| Munafo 2008 | Cohort | Edinburgh Postnatal Depression Scale | 4M, 3Y | Pregnant | 0% | 29 |
| Solomon 2006 | Cohort | Brief Symptom Inventory (depression subscale) | 7W | Pregnant | 0% | 24.3 |
| Vasquez 1999 | Secondary analysis of cessation intervention | Beck Depression Inventory | 12M | General | 35% | 34.9(9.4) |
| Mixed anxiety and depression | | | | | | |
| Blalock 2008 | Secondary analysis of | Positive and Negative Affect | 3M | Psychiatric | 19% | 48 |

| | cessation intervention | Schedule (negative affect subscale) | | | | |
|----------------------------------|--|---|----------|---|--------------|---|
| Chassin 2002 | Cohort | Negative affect scale | 6Y | General | 48% | 27.0 |
| Kahler 2009 | Secondary analysis of cessation intervention | Multidimensional Personality Questionnaire (stress reaction subscale) | 6M | General | 57.6% | 40.9 (12.7) |
| Mino 2000 | Cohort | General Health Questionnaire -30- | 6M, 12M | General | 100% | Abstainers 33·3, Smokers 36·1 |
| Steinberg 2011 Positive affect | Cohort | Kessler Psychological Distress Scale | 6M | Chronic physical and/or psychiatric condition | 47% | Median 40 to 64 |
| Blalock 2008 | Secondary analysis of cessation intervention | Positive and Negative Affect Schedule (positive affect subscale) | 3M | Psychiatric | 19% | 48 |
| Croghan 2005 | Cohort | Short Form Health Survey- 36(energy and vitality subscale) | 12M | General | 52% | Abstainers 52·8(11·2), Smokers 54·6(15·6) |
| Mitra 2004 Psychological | Cohort | Short Form Health Survey-36 (energy and vitality subscale) | 3 to 4 Y | Chronic physical and/or psychiatric condition | 42% | 43.8(13.3) |
| quality of life Balduyck 2011 | Cohort | European Organisation for Research and Treatment of Cancer Quality of Life Questionnaire (emotional functioning subscale) | 6M, 12M | Post-surgical | 71% | 59-3 |
| Croghan 2005 | Cohort | Short Form Health Survey-36 (mental health composite) | 12M | General | 52% | Abstainers 52·8(11·2), Smokers 54·6(15·6) |
| Longmore 2007 | Cohort | Short Form Health Survey-12 (mental health composite) | 12M | Chronic physical conditions | Not reported | 18+ |
| McFall 2006 | Secondary analysis of cessation intervention | Short Form Health Survey-36 - (mental health composite) | 2M | Psychiatric | 91.60% | 52·12(6·80) |
| Mitra 2004 | Cohort | Short Form Health Survey-36 (mental health subscale) | 3 to 4 Y | Chronic physical and/or psychiatric condition | 42% | 43.8(13.3) |
| Quist-Paulsen 2006 | Secondary analysis of cessation intervention | Cardiac Arrhythmia Suppression Trial Inventory | 12M | Chronic physical conditions | 73% | 56.5 |

| | | (mental health subscale) | | | | |
|--------------|--|---|---------|-----------------------------|-----|----------------|
| Sarna 2008 | Cohort | Short Form Health Survey-36 (mental health composite) | 8 to 9Y | General | 0% | Range 29 to 71 |
| Stewart 1995 | Secondary analysis of cessation intervention | Short Form Health Survey-36 (mental health subscale) | 6M | General | 58% | 40.6 |
| Stress | | | | | | |
| Chassin 2002 | Cohort | Stress (non-standardized composite) | 6Y | General | 48% | 27.0 |
| Hajek 2010 | Secondary analysis of cessation intervention | Non-standardized measurement of perceived stress | 12M | Chronic physical conditions | 77% | 56.0 |
| Manning 2005 | Secondary analysis of cessation intervention | Perceived Stress Scale-14 | 6M | General | 31% | 44.4 |

Beck Depression Inventory (Beck et al, 1998), Brief Symptom Inventory (Derogatis, 1993), Cardiac Arrhythmia Suppression Trial Inventory (Wiklund et al. 1992), Center For Epidemiological Studies Depression Scale (Ross & Mirowsky 1984), European Organization For Research And Treatment Of Cancer Quality Of Life Questionnaire (EORTC, 2001), Edinburgh Postnatal Depression Scale (Cox et al, 1987), Fagerström Test For Nicotine Dependence, General Health Questionnaire – 30 Item Form (Japanese Version) (Nakagawa & Daibo,1985), Kessler Psychological Distress Scale (Pratt, 2007), Hospital Anxiety And Depression Scales (Zigmond & Snaith 1983), Hamilton Depression Inventory (Hamilton 1960), Minnesota Multi-Phasic Personality Inventory (Butcher et al, 1990), Multidimensional Personality Questionnaire (Telligan, 1982), Positive And Negative Affect Scales (Watson et al, 1988), Perceived Stress Scale – 14 Item Form (Cohen et al, 1983), Short Form Health Survey-36 (Ware, 1993), State Trait Anxiety Inventory – 6 Item Form (Spielberger et al. 1983), State Trait Anxiety Inventory (Spielberger et al. 1983).